

Eligibility

To access one of these waiver programs, a person must:

- 1. Meet Medicaid eligibility requirements** for income and resource limits. This is determined through an interview and application process with the Division of Public Assistance (DPA).
- 2. Meet level of care requirements** assessed and determined by SDS Assessment Unit or Nursing Unit.

Assessment

A person will have a functional assessment interview with an Assessor. The assessment may be done in person or using technology/ videoconferencing. Each applicant or participant gets a copy of the results and the assessment.

Where to start?

First, call or visit an *Aging and Disability Resource Center (ADRC)* or a *Developmental Disabilities Resource Connection (DDRC)*. They can help you find out which programs you might qualify for. If it looks like you qualify, you'll get a list of care coordinators who can help you apply for a waiver.

Alaska's ADRCs connect seniors, people with disabilities, and caregivers with long-term services and supports of their choice.

The DDRC program assists individuals with intellectual and developmental disabilities and their families with accessing supports and services. The DDRC Program is the point of entry for accessing State of Alaska developmental disabilities waivers and other services.



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CONTACT INFORMATION:

Division of Senior & Disabilities Services (SDS)

1835 Bragaw Street, Suite 350
Anchorage, AK 99508-3487
1-907-269-3666
1-800-478-9996 (toll-free)
Visit: <http://health.alaska.gov/dsdsPages/default.aspx>

Aging & Disability Resource Centers (ADRC)

1-855-565-2017 (toll-free)
Visit: <https://health.alaska.gov/en/services/aging-and-disability-resource-centers-adrc/>

Developmental Disabilities Resource Connection (DDRC)

1-855-565-2017 (toll-free)
Visit: <https://health.alaska.gov/en/services/developmental-disabilities-resource-connection/>

Alaska's Home and Community-Based NFLOC MEDICAID WAIVERS



Waiver programs help people who have a Nursing Facility Level of Care (NFLOC) get help at home or in their community instead of in an institution

NURSING FACILITY LEVEL OF CARE

Three different programs let people choose to get services and care at home or in their community instead of going into a nursing home:

The Adults Living Independently

(ALI) Waiver is for adults aged 21 and older who need the kind of care usually provided in a nursing home. This waiver helps them to live independently instead.

Services Available

Adult day, care coordination, respite, adult host home care, environmental modification, meals, residential supported living services, specialized medical equipment, specialized private duty nursing, and transportation.

The Adults with Physical and Developmental Disabilities Waiver

helps people aged 21 and older who have physical and developmental disabilities. They need care that people get in a nursing home. This waiver allows them to get that care at home or in their community instead.

Services Available

Adult day services, care coordination, day habilitation, employment services, residential habilitation, respite, adult host home care, environmental modifications, intensive active treatment, meals, nursing oversight and care management, residential supported living, specialized medical equipment, specialized private duty nursing, and transportation services.

The Children with Complex Medical Conditions (CCMC) Waiver

helps children and young adults under 22 years old who have serious medical conditions. These children often need life-saving treatments or rely on medical equipment. Without this waiver, they would need to stay in a hospital or nursing facility. This waiver helps them get this care at home or in their community instead.

Services Available

Care coordination, day habilitation, employment services, residential habilitation, respite, adult host home care, environmental modifications, meals, nursing oversight and care management, specialized medical equipment, and transportation.

