

SOUTHEAST REGIONAL ELDERCARE COALITION
February 2, 2024, 8:30AM

Zoom Link:

<https://us02web.zoom.us/j/89966612080?pwd=Y2s1MU16dzdjbFkraFF4ZFZjcXNPQT09>

Meeting ID: 899 6661 2080

Passcode: 471844

MEETING MINUTES

Attendees: Tonya Muldoon, Brian Holst, Erin Walker-Tolles, Glenn Mitchell, vsbruns, Linda Kruger, Jennifer Garrison, Hedy Hedges, Sharyl Yeisley, Joan O'Keefe, Margaret Mimnaugh, Kimberly Adkinson, Michele Henriquez, Marianne Mills, Barbara Bigelow, DJ Arnold, Jim Swanson, Gregg Shomaker, Jeannie Monk, Emily Loyd, Kevin Hall, and Sioux Douglas.

1. Call to Order – 8:34AM Welcome by Erin Walker-Tolles
2. Agenda Approval:
 - a. Motion: Sioux Douglas
 - b. Seconded: Sharyl Yeisley
 - c. Vote: Unanimously approved as presented, with a note to not miss several items of information attached to the end of the agenda.
3. Minutes Approval – January 5, 2024 (attached)
 - a. The minutes for January 5, 2024 were unanimously approved as written.
4. SREC Project Director Report – *Tonya Muldoon*
 - a. Have two positions posted and some applicates that we are setting up for interviews.
 - b. Continuing to meet on Summit and Navi Tool planning and development.
 - c. Meet again with UAS on the development and approval of the DSP course.
 - d. Challenges continue with participation of DSP agencies in the project.
5. Steering Committee Report – *Erin Walker-Tolles*
 - a. Overview of the project increasing the workforce for maintain services for supports for aging in place.
 - b. Challenges for wage supplementation
 - c. Would like to engage and have a meeting with the local DSP agencies.
 - d. We are open to creative ideas for increasing retention, recruitment, and development. Tell us what your thoughts are?
 - e. Sub-Committee Advocacy met this last month to discuss how and what the SREC Coalition would like to do to support legislative changes for Seniors.

Discussion:

- a. Jennifer Garrison: Can wage supplement money be used to pay family caregivers directly rather than workers? Answer: The grant language will be reviewed to determine if there is this flexibility.
- b. Margaret Mimnaugh: Family members can be employed by Consumer Direct which has grant funds for short term assistance. Perhaps SREC grant money could go toward that.
- c. Linda Kruger: The grant has some specific language that should be carefully reviewed. Creative ways to best use money are needed.
- d. Marianne Mills: SNAP benefits continue to be challenge for food stamp recipients. Alaska Legal Services can help consumers by contacting Heather at 907-586-6425. ALS is filing appeals to help move consumers to top of list.



Juneau ALSC
App.pdf



DPA - ALSC Release
of Info.pdf

- e. Sharyl Yeisley: Regarding wage supplementation, suggests “thinking outside the box” in our communities on how money can be used for natural supports with chores, respite, PSA, etc. Ask your elders what they need most.
 - f. Jim Swanson, DOL, DVR, presented that the Alaska Commission on Aging is asking to have DOL recognized on the Commission with an appointed chair to help address employment needs. They are looking for letters of support. Jim will seek out the information about where a letter can be sent and who to address it to for SREC to offer support for the change to the Alaska Commission on Aging.
6. Old Business
- 2024 Summit Update- *Tonya Muldoon*
 - *Preconference Sept 30, Conference Oct 1-2*
 - Currently working on details such as tickets, vendor apps, CPR training, mapping system, and topics such as estate planning, social awareness, eldercare planning & future. Lots of different tracks.
 - Any interest in speaking, have a vender table, idea for a topic: please contact Tonya Muldoon. tmuldoon@jedc.org

Discussion: SREC Summit Sub-Committee would like to provide a cultural awareness panel of community members/providers from various groups within SE Alaska to help define cultural/traditional perspective about aging and care. If you have an interest please reach out to Tonya Muldoon, tmuldoon@jedc.org.

7. New Business
- None

8. Member Presentation – Teepa Snow Protocol – *Emily Palmer, Juneau Pioneer Home Administrator* was not able to participate today due to a family emergency.

For the March 1 meeting, Sharyl will check with the Ketchikan Foot Clinic as presenter. Deb Craig is now Chairperson of the Juneau Commission on Aging and asked to present JCOA's priorities sometime in the future.

9. Event Reports

- Glenn Mitchell attended “Re-entry Simulation” training regarding the challenges related to re-entry programs. It was suggested that re-entry programs and new services information be available at the Summit.
- Linda Kruger shared AARP's interest in re-entry for prison populations. She also requested that the Summit include cultural aspects and diversity in eldercare, emphasizing that the Summit is a great opportunity for caregivers, seniors, and agencies.
- Erin Walker-Tolles suggested that the un-housed population be considered too.
- Jim Swanson reported that the Alaska Commission on Aging is endeavoring to get a statute change that will create a seat on the Commission for a representative from the DOLWD. The SREC Advocacy Committee will consider this with an eye to supporting it. Erin asked Jim to craft such a letter of support. Cases of people 60 and older have grown exponentially with many people 60-75 looking for employment.

10. Upcoming events:

- a. Innovation Summit February 28-29 at Centennial Hall. For more information, please visit <https://www.jedc.org/innovation/>.
 - i. The Innovation Summit provides an enriching conference environment for policy, business owners, and community members to join to visualize the community's future. The conference provides an opportunity to share innovative shorts. There will be Scenario Planning which is a process in which conference participants will look at multiple future scenarios to determine:
 1. Identify possible futures.
 2. What do we need to do in “that future”?
 3. What do we do to shape that future?
 4. With demographics changing in our region who are going to be the workers in this economy.

Ticketing for Innovation Summit is a “name your price” event. Visit the website above for more details.

- b. AARP is sponsoring a new Zoom series about Brain and Bone Health, Cooking with Sarah Lewis, Adj Professor UAF Extension. Classes begin on February 20,

2024, at 11AM and run for the next four Tuesdays.

<https://states.aarp.org/alaska/aarpak-upcoming-events>

- c. NAMI Juneau, JAHC, and Dr. Emily Kane have partnered to bring “Boost Mental Health with the Arts” month. For tickets to events contact Meryl Connelly-Chew, meryl@namijuneau.org, with the name of the events, person, and the email for the person attending. See the poster below.
11. Other
 - a. Sioux Douglas, SREC Secretary will be sending out a final draft of the Member List. Please take a final look at the list for any corrections, please let Sioux know of any needed changes, siouxinak@gmail.com.
 12. Member Comments
 13. Date of next meeting – March 1, 2024 8:30AM
 14. Adjournment 9:28AM
 - a. Boost Mental Health with the Arts: For tickets to events contact Meryl Connelly-Chew, meryl@namijuneau.org, with the name of the events, person, and the email for the person attending.

FEBRUARY

NAMI Juneau
National Alliance on Mental Illness

JUNEAU Arts & Humanities COUNCIL

BOOST MENTAL HEALTH WITH THE ARTS MONTH!

Please support these performances by attending! Bring a friend or family member who could use some cheer. There will be information about NAMI Juneau available at most events and an opportunity to donate if you can.

FRI 2	Weaving Our Pride w/Lily Hope Class at Zach Gordon Youth Center Attend to donate directly to this project or donate online at www.lilyhope.com/weavingourpride
SAT 3	JUNEAU'S GOT TALENT Hosted by Juneau Dance Theatre at the JACC
10TH & 16TH	JUNEAU PIANO SERIES Hosted at the JACC, Curated by Jon Hays
WED 14	STRESS FREE ART NIGHT Hosted at the JACC
17TH & 18TH	ORPHEUS PROJECT CONCERT "CONFLICT AND COMPASSION" Hosted at Yadaa.at Kalé (JDHS)
THUR 22	"INDECENT" PAY AS YOU CAN Hosted at Perseverance Theatre

MORE INFO: juneauarts.wordpress.com/community-calendar/

Brought to you by the Juneau Arts & Humanities Council, NAMI Juneau, and Dr. Emily Kane.
Thank you to all participating events and hosts!

b.

- a. March 7th, 2024: Tressa Millam will present on Parenting Supports.
12PM-1PM Zoom

NAMI Juneau Inside Passages Speaker Series:

<https://www.namijuneau.org/insidepassages>

- b. **Sitka Tribe Elder Community Coffee Time**

Caroline Fenton, Wellness Director for Sitka Tribe is managing the Elder Community Coffee Time. This is a monthly event that occurs at Harrigan Centennial Hall in Sitka, Alaska. The event is open to all seniors, not just tribally enrolled members. They offer a hot lunch and discuss community resources. They have venter tables set up for elders to talk with providers and learn about services. They are currently servicing about 60 to 70 elders each month.

They would love to receive brochures or flyers for services. They are also looking to partner with other businesses to support the ongoing funding needs for the program to continue.

caroline.fenton@sitkatriben-sm
(907) 966-9662

Lunch will be serviced at Harrigan Centennial Hall, Sitka from 11:30AM-1:30PM on the following dates:

February 13, 2024
March 12, 2024
April 2, 2024
May 14, 2024

c. **Tai -Chi and Bingocize**

Melissa Showers, Case Manager Regional Coordinator from Catholic Community Services/Senior Services presented three upcoming events:

- a. Tai-Chi (in-person)
Tuesday and Thursday weekly
January 23-March 14, 2024
11AM-12PM
St. Paul's Catholic Church,
9055 Atlin Dr.
Juneau, Alaska 99801
- b. Tai-Chi (Virtual)
Tuesday and Thursday weekly
January 23- March 14, 2024
2:15PM-3:15PM
Via Zoom
Must register for the class to get a link to the Zoom meeting.
- c. Bingocize
Tuesday and Thursday

d. **AARP Alaska Brain Health Series: Expert Panel**

January 12, 2024, series event has been cancelled. AARP is working to provide a new Brain Health Series starting in February 2024. Previous broadcasts can be watched at <https://www.youtube.com/playlist?list=PLAsez5OFib-Rf0s2qiQnJeVBdteAt3H-7>

- e. **SERRC**, Path Academy next class offering in Juneau will be January 29-February 9, 2024. There are PATH Academies planned for Ketchikan in February 26-March 8, 2024, and in Yakutat in April 29-May 10, 2024. If you have potential students with interest and/or your community would like to have the training, please contact the Juneau SERRC office at (907) 586-6806.

- f. **Office of Public Advocacy (OPA) update** by Sharyl Yeisley. OPA is taking conservator and guardianship clients again. The caseloads, however, for each Public Guardian are now closer to about 200 people per Public Guardian. Thus, support for wards under OPA is limited. OPA continues to strongly encourage private guardianship. There are classes that are available for anyone interested in becoming a private guardian. Sharyl Yeisley has additional information. Link for Guardianship business licensure: <https://www.commerce.alaska.gov/web/cbpl/ProfessionalLicensing/GuardiansConservators.aspx>

15. Attachments:



Ketchikan PATH
ACADEMY flyer.pdf



January 2024
Juneau PATH ACADE



Bingocize Jan.
2024.pdf



1.24 Tai Chi poster-
2 classes.pdf



SREC Full Coalition
Meeting Minutes 01