

National Family Caregiver Support Program

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History of the National Caregiver Support Program



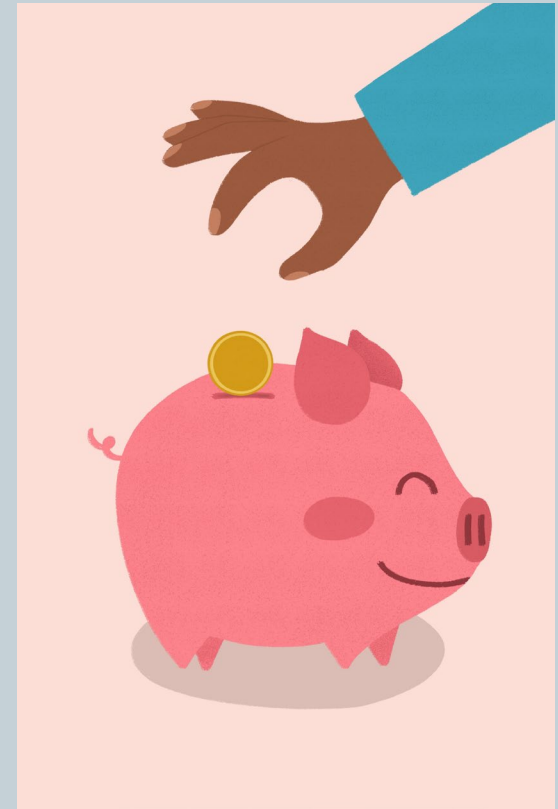
- NFCSP - created in 2000, part of Older Americans Act
- NFCSP is part of the Administration On Aging, Dept. of Health and Social Services
- Provides federal funding to states for
 - Information and referral
 - Training
 - Counseling
 - Respite care
 - Supplemental services



Why Was the National Family Support Program Developed?



- A budget-saver to government:
Care provided by millions of unpaid family caregivers across the U.S. was valued at \$600 billion in 2021, the new report estimates a \$130 billion increase in unpaid contributions from the 2019 report. The staggering figure is based on about 38 million caregivers providing an average of 18 hours of care per week for a total of 36 billion hours of care, at an average value of \$16.59 per hour



Why Was the National Family Support Program Developed?



- **60% of caregivers juggle work and care:**



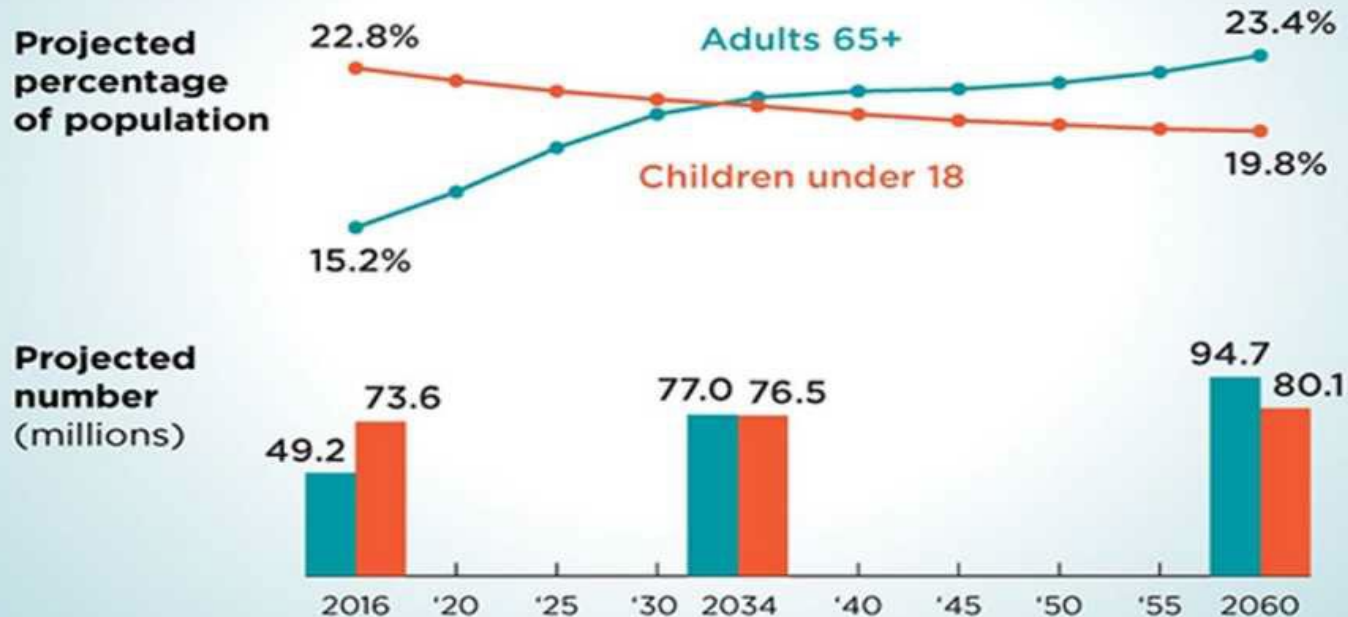
- 60% of caregivers work a full-time or part-time job.
- 40% of caregivers cite the emotional stress of juggling caregiving with paid work as biggest challenge.
- Career disruptions and breaks due to caregiving can lead to substantial economic risk and even long-term financial struggles for caregivers.

Why Was the National Family Support Program Developed?



- Increasing aging population is putting a greater demand on existing services

For the First Time in U.S. History Older Adults Are Projected to Outnumber Children by 2034



Who Qualifies as a Family Caregiver?



Family Caregivers Are:

- An unpaid family member or friend who helps to care for someone 60 years of age and older who is frail, physically impaired, or suffers from Alzheimer's disease or dementia related disorders.
- A person can also qualify as unpaid family member for someone 59 years and younger if the person they are caring for has Alzheimer's disease or a related disorder such as dementia or Parkinson's disease.

Paid caregivers or volunteers with an agency are considered "formal caregivers" and do not qualify for services under NFCSP

Information & Referral



Through our information and referral services a family caregiver only needs to remember one number – ours.

(907) 463-6177 or (866) 746-6177 (toll free in Alaska)



A family caregiver can call with a question on just about any topic and we will research the answer so they can spend their time focused on more important things.

Counseling



We offer individual counseling to seniors and telephone support to caregivers whether they are in crisis, or just need a sympathetic ear



(907) 463-6177

or

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(toll free in Alaska)

Respite and Supplemental Services



NFSCP provides small grants to family caregivers that can be used for a variety of things such as:

- Respite – for when you just need a break
- Chore & Personal Care Services
- Supplemental Services - Items such as:

assistive devices/technology
medical transportation
dental, vision, hearing

home modifications
lifelines
walkers, canes

NFSCP funds cannot be used for utilities, food or heating fuel

For Questions and Additional Information



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