

...

Nursing Facility Transition / Assisted Living Transition Program

Cori Stennett, ADRC Program Coordinator
SAIL - Southeast Alaska Independent Living



Nursing Facility Transition Program

The Nursing Facility Transition (NFT) / Assisted Living Transition (ALT) program provides individuals currently in a nursing facility, long term care facility, or assisted living home with the opportunity to utilize up to \$3,500 in grant funding to return to less restrictive community-based living.

This presentation will address program eligibility, how to initiate transition services, and provide details about transition process.

Program Eligibility

- Individual is 18 year of age or older.
- Currently resides and has resided in a nursing facility, long term care facility, or assisted living home for over 90 days or a hospital swing bed for more than 180 days and considers this facility to otherwise be their home.
- Individual has a desire to live in a setting outside of a nursing, long term care facility, or assisted living home.
- Has identified a barrier to moving home.
- Individual needs assistance and supports in the activities of daily living required to be independent in their desired home.
- The individual is willing to work with Center for Independent Living staff and applicable parties to complete a sustainable transition plan.

[Swing bed care is for patients who are admitted for longer term medical treatment of an illness or rehabilitation of an injury. 3
Utilizing a swing bed offers care to patients who require extra time to heal or become stronger before returning home.]

NFT / ALT funds - up to \$3,500

NFT / ALT funds (up to \$3,500) can cover one-time funds for:

- Home or environmental modifications
- Travel/room/board to bring caregivers in from a rural community for training
- Trial trips to home or an assisted living home
- Payment for an appropriate worker for skill level needed
- Security deposits
- One-time initial cleaning of home
- Basic furnishings necessary to set up a livable home
- Transportation to the new home
- Other needed items or services may be approved by Program Coordinators

Transition Process

FIRST STEP:

The individual, legal representative, social worker, family member or friend initiates a request to develop a transition plan to move home with their local **Center for Independent Living (CIL)**.

NEXT STEP:

The local CIL works with the individual, long term care facility discharge planning staff, and any other individuals involved in the transition process to complete the NFT / ALT grant application.

Transition Process

NEXT STEP:

CIL Center staff completes a transition plan with full participation of the individual (and/or their legal guardian, if appropriate) wishing to transition out of the facility.

The CIL will work with the individual to develop a plan for moving home and share the plan with the individual and nursing facility, assisted living facility, or long-term care facility and any applicable parties.

A completed & finalized transition plan **must** be in place prior to any grant purchases being made.

The application and transition plan **must** be completed prior to the discharge date.

The grant is not retroactively available if the discharge date has already passed.

Transition Process

Once the transition plan is completed and the grant is approved, the local CIL makes purchases and assists the individual with accessing other home and community-based services if needed.



The individual moves home!

CIL staff will follow up with the individual for a minimum of 90 days after a transition to determine that the individual's goals have been met.



Initiating Transition Services

The individual themselves or person assisting with the discharge plan and transition (care coordinator, case manager, assisted living home provider, long term care facility social worker, family member, friend) must contact the local Center for Independent Living (CIL) and request a Nursing Facility Transition / Assisted Living Transition grant.

Centers for Independent Living

Independent Living Center (Kenai Peninsula, Kodiak, Valdez/ Cordova Regions) 1-800-770-7911

Access Alaska (Anchorage, Mat-Su, Southwestern, North Slope, Fairbanks, Interior) 1-800-770-4488

Southeast Alaska Independent Living (Southeast Region) 1-800-478-7245

Arctic Access (Kotzebue & Nome Regions) 1-877-442-2393

Center for Independent Living

SAIL is a Center for Independent Living (CIL).

A CIL is a non-residential non-profit organization that provides services to individuals with disabilities to live a more independent life.

All CIL's are run by and for people with disabilities.

CORE SERVICES

- Information & Referral
- Advocacy - Individual & Systems Advocacy
- Peer Support
- Independent Living Skills
- Transitions Services

What does SAIL do?

Information and Referral

Advocacy

Peer Support

Transition Services

Independent Living Skills



ADRC



DDRC



ORCA



VOICE



TABI



Employment



ADA
Accessibility



Loan Closet



Older Blind
Group



Nursing Facility
Transition



Mini
Grants



Home
Modification 10



Image Description: A woman in a bright red coat, black hat and eyeglasses uses a handrail to walk out of a house to a street lined with two cars.

ADRC



- Aging and Disability Resource Center
- Assist seniors, people with disabilities, and their caregivers who are in need of information about long-term services and supports to live as independently as possible in the community of their choice.
- Connection to Medicaid waivers and other services
- Covers all of Southeast AK



Questions, thoughts, sharings...

SAIL ADRC Specialists			
Juneau / Wrangell / Petersburg	Ketchikan / Metlakatla / Klawock / Prince of Wales	Sitka/Kake/Angoon	Haines / Skagway
<p>Mollie Carr mcarr@sailinc.org 8711 Teal St. Suite 300 Juneau, Alaska 99801 Phone: 888.487.0974 Fax: 888-521-4869</p>	<p>Emily Loyd eloyd@sailinc.org 4693. N. Tongass Hwy Ketchikan, Alaska 99901 Phone: 888-487-1025 Fax: 888-521-4871</p>	<p>Terra Parsly tparsly@sailinc.org 514 Lake St. Suite C Sitka, Alaska 99835 Phone: 888-487-1027 Fax: 888-521-4870</p>	<p>Cori Stennett cstennett@sailinc.org PO Box 183 Haines, AK 99827 Phone: 888-471-1332 Cell: 907-500-5174 Fax: 907-766-3254</p>

